

CURRICULUM VITAE
OF

Rashad Bishara

MB BCh, RPVI, MSc, FRCS

Consultant in Vascular Surgery

Chairman of Vascular Surgery

General Organization for Teaching Hospitals

And Institutes of Egypt (GOTHI)

Cairo, Egypt

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GENERAL INFORMATION

Personal Details

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Date of Birth	28th March 1952
Place of Birth	Cairo – EGYPT
Nationality	Egyptian
Marital Status	Married One son & one daughter

Education – Qualifications – Training

High School Collège de La Sainte Famille (Jésuites) – Cairo –Egypt

Medical School Cairo University Medical School
Cairo Egypt : 1970 – 1976
MBBCh - 1976

Postgraduate General Surgery training: England 1979 – 1984

F.R.C.S.Ed. 1982

Vascular Surgery Training: U.S.A. 1984 – 1986

M.Sc. University of Chicago at Illinois 1985

Physician Vascular Interpretation (PVI) – USA 2009

American Registry of Diagnostic Medical Sonography (ARDMS)

Membership of Professional Societies Royal College of Surgeons, Edinburgh, UK

Vascular Society of Egypt VSE (Founding Member & Member of the Board)

International Society for Vascular Surgery (ISVS)

International Union of Angiology (IUA)

European Society for Vascular Surgery (ESVS)

American Registry of Diagnostic Medical Sonography (ARDMS)

American Society for Vascular Surgery (SVS)

Participation in International Conferences

USA - 1995	Endovascular Therapy Course Miami Heart Institute, Miami- Florida
USA – 1997	Endovascular Therapy Course Miami Heart Institute, Miami- Florida
France - 1998 & 1999	Paris Course on Revascularisation (PCR) – Paris
USA - 2000	Endovascular Therapy Course Miami Heart Institute, Miami- Florida
France -2001	Paris Course on Revascularisation (PCR) – Paris
France - 2002	Paris Course on Revascularisation (PCR) – Paris
Saudi Arabia 2003	International Vascular Conference – Riadh
Greece- 2003	Carotid Endovascular Therapy course – Athens
Turkey - 2003	Society of International Radiology (CIRS) – Antalia
Lebanon - 2004	Pan Arab Neuro-Radiology Conference – Beirut
Greece - 2004	Endovascular therapy Course – Aegina
Italy - 2004	International Union of Angiology – Rome
Turkey - 2005	Advanced Carotid Endovascular Workshop – Istanbul
USA – 2005	Trans – Catheter Therapy (TCT) – Washington
Spain- 2007	European Course on Revascularization (Euro PCR) – Barcelona
USA – 2007	Trans – Catheter Therapy (TCT) – Washington
Spain - 2008	European Course on Revascularization (Euro PCR) – Barcelona
Germany 2009	Link Leipzig Interventional Course – Leipzig

France 2009	The Mediterranean Congress of Phlebology – Nice
France 2009	Multidisciplinary European Endovascular Therapy (MEET) - Canne
USA 2009	Veith Symposium - New York
Germany 2010	Leipzig Interventional Course
France 2010	Multidisciplinary European Endovascular Therapy (MEET) - Marseille
USA 2010	Veith Symposium - New York
Germany 2011	Leipzig Interventional Course
USA 2011	Veith Symposium New York
Italy 2012	European Society for Vascular Surgery Bologna
Germany 2012	Leipzig Interventional Course
Italy 2012	Pisa Course on Multidisciplinary Approach to the Diabetic Foot. Pisa
USA 2012	SVS annual meeting. Washington DC
Germany 2013	Leipzig Interventional Course
Italy 2013	Milan Conference on Diabetic Foot, Milano
USA 2013	International Union of Phlebology “UIP”, Boston
Germany 2014	Leipzig Interventional Course

Current Appointments:

Chairman of the Core Committee of Vascular Surgery

The Organization of Teaching Hospitals & Institutes of Egypt (GOTHI)

Director

Diabetic Foot Centre “DFC-Egypt”

The Modern Vein Clinic “MVC”

Consultant Vascular Surgeon

Hayat Hospital, Korba Heliopolis, Cairo

Al-Salam Hospital, Mohandessin, Cairo

El-Sahel Teaching Hospital, Cairo

Professional Achievements Prime Attainments in Egypt (native country) in Vascular Surgery & Endovascular Domains

1987	Started the first specialized department of vascular surgery in Egypt at El Sahel Teaching Hospital
	Established Vascular Surgery as an independent specialty in the General Organization for Teaching Hospitals and Institutes of Egypt
1990	Introduced Endovascular Techniques in Egypt
1992	Introduced Colour Coded Duplex in Egypt
October 2001	Founded the GOTHI Vascular Scientific Group, which played a major role in increasing professional and public awareness of endovascular therapy in Egypt
January 2002	Founded the Endovascular Unit at the National Institute of Diabetes and Endocrinology which has rapidly become the most active endovascular unit in Egypt, and a national and regional training centre for endovascular techniques
2005	Invented an endovascular simulator: the Advanced Device for Endovascular Manipulation ADAM
1987 to date	Holds one of the largest private practice in Cairo; Specialized in Vascular Surgery and Endovascular Interventions; supported by the most advanced & updated non-invasive vascular labs, in three major private hospitals
2010	Founded the Diabetic Foot Centre DFC-Egypt, a private medical institute aimed at providing comprehensive integrated services for the diabetic foot patient
2011	Founded "The Modern Vein Clinic": a private clinic specialised in the modern diagnosis and therapy of venous diseases

Presentations in National & International Conferences

December 2003 Saudi Arabia	1 st Basic Endovascular Workshop, King Saudi University, Riyadh The centre piece of this workshop was the endovascular simulator A.D.A.M
	Carotid Artery Stenting (CAS) in Middle East ; is it appropriate ? 5 th International Vascular Symposium, King Saudi University, Riadh As invited guest speaker
	Durability of Distal Bypass in Egyptian Patients 5 th International Vascular Symposium, King Saudi University, Riadh As invited guest speaker
Alexandria October 2003	Duplex detected ankle Doppler velocity: an alternative to ankle brachial index for the assessment of degree of peripheral ischemia, presented by Dr Wassila Taha at Alexandria Vascular Conference
	Initial experience with neuroprotection devices in carotid artery stenting, Alexandria Vascular Conference
Cairo June 2003	Basic endovascular workshop on the Advanced Device for Angioplasty Manipulations (ADAM), NIDE
Cairo May 2003	Duplex Assisted Balloon Angioplasty 8 th International Congress of Ultrasonography In Collaboration with British Medical Ultrasound Society
Cairo April 2003	Venous Stents IX International Medical Congress of Al Azhar University
Cairo April 2003	Carotid Disease in the Diabetic Patient. Pan-Arab Doctors Conference NIDE
Cairo March 2003	Centers with low volume carotid practice should go for carotid stenting: Carotid stent Vs carotid endarterectomy debate The third National Peripheral Endovascular Surgery Course and Workshop Ein Shams University
Luxor March 2003 Cairo January 2003	Endovascular Workshop on Iliac stent and carotid stent Carotid Artery Stenting, State of the Art National Heart Institute
Banha	Recent Trends in the Diagnosis and Treatment of Vascular diseases

April 2004	Banha Teaching Hospital
Greece April 2004	Catheter Directed Thrombolysis for Major Deep Venous Thrombosis Aegina
Italy Rome May 2004	Durability of distal tibial bypass in Egyptian patients International Union of Angiology
	Duplex detected ankle peak systolic velocity: a new parameter for the assessment of degree of peripheral ischemia International Union of Angiology
Lebanon Beirut September 2004	Carotid artery stenting in the Middle East, is it appropriate? Pan Arab Neuro-radiology Society
Damanhour September 2004	Recent Trends in the Diagnosis and treatment of Vascular diseases Damanhour Teaching Hospital
Asswan March 2005	The 4 th National Peripheral Endovascular Surgery
Borg ElArab October 2005	Long term results of distal tibial bypass in Egyptian patients The Vascular Club Conference
Saudi Arabia February 2006	Endovascular treatment for chronic total occlusion of the iliac arteries International Vascular Symposium - Riyadh
	Long term results of stenting in the deep venous system International Vascular Symposium - Riyadh
Alexandria November 2006	Ankle Peak Systolic Velocity: a New Parameter to Predict of Non-Healing in ischemic Diabetic Foot - Alexandria Vascular Conference
Cairo March 2007	Guidelines of TASC II – Intersocietal Consensus for the Management of Peripheral Arterial Diseases Annual meeting of the Vascular Society of Egypt
Zagazig May 2007	Management of Critical Limb ischemia – Endovascular Approach Annual Meeting of Vascular Division – Zagazig University
Alexandria July 2007	Carotid Stenting Vs Carotid Endarterectomy (debate) 2 nd International Congress of the Egyptian Cerebro-Cardio-Vascular Association ECCVS

Cairo March 2007	Annual Conference of the Egyptian Association of Cardiology Endovascular therapy of aorto-iliac occlusions
Ain ElSokhna November 2007	3rd Annual Peripheral Endovascular Course (PECIII) Global treatment of tibial artery disease
Cairo January 2008	4th Congress of North African & Middle East Chapter of International Union of Angiology in conjunction with 18th Annual Congress of Mediterranean League of Angiology & Vascular Surgery
	Global therapy of infragenicular Arterial occlusive disease
	Long Stents for Long Occlusions
Cairo February 2008	Vascular Symposium at AlSahel Teaching Hospital –Cairo Guest of Honour: Prof. Rajeev VOHRA – Consultant of vascular Surgery – Birmingham -UK Ankle Peak Systolic Velocity: A New Parameter to Predict Non-Healing in ischemic Diabetic Foot
Ein El-Sokna March 2008	1 st Annual meeting Working Group of Peripheral Vascular Diseases Challenges of Popliteal & Tibial Arteries Occlusion
6 TH October City April 2008	Unsettled Issues in Carotid Revascularization 3 rd Annual Conference Of Department of Cardiology, Dar El Fouad
Barcelona, Spain May 2008	European Course on Revascularisation (Euro PCR 2008) Case: Endovascular recanalisation of chronic total occlusion of the iliac vein
Chania, Greece June 2008	International Course on Coronary, Carotid, Peripheral and Renal CCPR2008 Member of scientific committee, International guest speaker Speaker: Surgery on Arteries Below the Knee Case: Endovascular treatment of tibial arteries Case: Surgery and endovascular treatment on below the knee arteries
Sharm ElShekh, Egypt February 2009	Infra-popliteal interventions update. Cardio-Egypt, the 36 TH annual conference of the Egyptian Society of Cardiology
Nice France May 2009	The Mediterranean Congress of Phlebology Speaker: Catheter Directed Thrombolysis for Major deep Venous Thrombosis.

Alexandria, Egypt October 2009	Alexandria Vascular Conference Speaker: APSV to detect non healing in diabetic foot lesions
Sharm Elsheikh, Egypt, March 2010	Annual Conference of the Vascular Society of Egypt VSE National Faculty & Speaker: Knife Fire and Foam for the Treatment of Varicose Veins
New Delhi, India April 2010	Invited International Faculty. Speaker: Update on the role of stenting in the deep venous system. Organizer for duplex course on Duplex Vascular Ultrasound in the Venous System. Speaker in 2 lectures of the course.
Zagazig, Egypt May 2010	Annual Conference of Zagazig University. Speaker: Update on peripheral ischemia in the diabetic patient
Istanbul, Turkey November 2010	1 st CIRC Meeting. Speaker: Knife Fire and Foam for the treatment of Varicose Veins
Dubai, Emirate May 2011	Pan Arab Angiology Conference PAAC. Director of the Vascular Program. Speaker: Radiofrequency thermal ablation: tips for a successful procedure Debate: Treatment of venous ulcers associated with incompetent perforators: in favour of foam sclerotherapy
Nice, France June 2011	Mediterranean Conference on Venous Diseases. Invited Speaker: Ulcer veins, a new concept in the diagnosis and treatment of venous ulcers
Riyadh, KSA November 2011	State of The Art: Venous Diseases Symposium Speaker: Catheter Directed Thrombolytic Speaker: Foam Sclerotherapy for Venous Ulcers
Paris, France 2012	Step-by-step course on Diabetic Foot. Invited Speaker: Ankle Peak Systolic Velocity, a new parameter for the assessment of foot perfusion
Nice, France May 2013	MMVD: invited speaker: Should adjuvant procedures for extra-axial varicose veins be performed at the same time as endovenous thermal ablation?
Dubai, June 2013	Speaker: The smart use of US in the cath lab

Major Courses, Workshops, and Conferences Organized

Cairo February 2005	Program Director: Cairo Carotid Symposium & workshops held in Cairo February 2005
Cairo 2004 2005 2006	Program Director: Endovascular Therapy Course, held on monthly basis at the National Institute of Diabetes and Endocrinology, Cairo 2004, 2005, 2006
Lybia Benghazi Tripoli December 2005	Proctor : Endovascular Workshop held in the Cardiac Center of BenGhazi, and in the International Medical Center of Tripoli
Saudi Arabia Riadh February 2006	Proctor & Instructor : Basic and Advanced Endovascular Workshops held in Riadh
Sharm El-Sheikh April 2006	Proctor: Endovascular Training Course of Cordis “Dive for the Treasure”
Lybia Tripoli August 2007	Proctor: Endovascular Training Course of Boston Scientific “Renal Angioplasty”
Cairo, Egypt May 2008	Course Director: Basic Endovascular Interventional Skills Course National Institute of Training, Cairo Egypt Speaker: 7 lectures, 4 case review sessions, 4 simulator session

Cairo, Egypt
April 2009

Course Director:

Duplex Vascular Ultrasound Course
National Training Institute

The course included 22 lectures, 3 case review sessions, and 3 live demo and hands-on sessions

It was added by 44 trainees of vascular, cardiology & radiology backgrounds
I was speaker in 10 lectures, in addition to holding 3 case review sessions and 3 hands-on sessions

New Delhi, India
April 2010

Course Director:

Duplex Vascular Ultrasound: the venous system
8 lectures, case review session, live demonstration session

Cairo, Egypt
May 2010

Course Director:

Duplex Vascular Ultrasound Course
National Training Institute

The course included 34 lectures, 3 case review sessions, and 3 live demo sessions

It was added by 26 trainees of vascular, cardiology & radiology backgrounds
I was speaker in 10 lectures, in addition to holding 3 case review sessions and moderator in most sessions

Tripoli, Libia
June 2010

Proctor:

Covidien Endovenous Training
Lectures and hands-training on radiofrequency ablation for varicose veins

Alexandria, Egypt
July 2010

Proctor:

Cordis Endovascular Regional Training
Lectures and hands-training on vena cava filters and carotid stenting

Dubai, Emirate
June 2011

Co-director:

Covidien Venous Symposium
Lectures and hands-on training on modern methods for diagnosis and treatment of varicose veins

Nairobi, Kenya Sept 2011	Proctor: Covidien Venous Workshop Lectures and hands-on training on radiofrequency endovenous thermal ablation of varicose veins
Casablanca, Morocco October 2011	Proctor: Covidien Venous Workshop Lectures and hands-on training on radiofrequency endovenous thermal ablation of varicose veins
Tripoli, Libia February 2012	Proctor: Covidien Endovenous Training Lectures and hands-training on radiofrequency ablation for varicose veins
Cairo, Egypt February 2013	Proctor: Covidien Endovenous Training Course Two days intensive course on current methods for diagnosis and treatment of varicose veins. The course includes lectures, live case demos, and hands-on training on Duplex US, foam sclerotherapy and radiofrequency ablation
Alexandria, Egypt May 2014	Conference Chairman The Mediterranean Meeting for Venous Disease. A major conference on venous diseases, including four workshops and two days of presentations by national & international experts. Used to be held yearly in Nice, France; first time to be held outside France.

Publications

1.

[Endovenous Great Saphenous Vein Ablation for the Treatment of Superficial Thrombophlebitis Complicated by Pulmonary Embolism](#)

R.A. Bishara *, W. Taha, A.I. Grace

EJVES Extra Volume 27 Issue 2 p. e10ee12 February/2014

2.

[Ankle peak systolic velocity: new parameter to predict nonhealing in diabetic foot lesions.](#)

Bishara RA, Taha W, Akladious I, Allam MA.

Vascular. 2009 Sep-Oct;17(5):264-8.

PMID: 19769805 [PubMed - indexed for MEDLINE]

[Related articles](#)

3.

[Screening for significant carotid artery disease among a cohort of 1,000 Egyptian patients.](#)

Bishara RA, Taha W, Alfarouk MO, Milik IA, Wilson N.

Vascular. 2008 Jan-Feb;16(1):35-40.

PMID: 18258161 [PubMed - indexed for MEDLINE]

[Related articles](#)

4.

[Duplex detected ankle peak systolic velocity: a new parameter for the assessment of degree of peripheral ischemia.](#)

Bishara RA, Taha W, Alfarouk MO, Abdel Aal K, Wasfy S.

Int Angiol. 2004 Dec;23(4):368-72.

PMID: 15767982 [PubMed - indexed for MEDLINE]

[Related articles](#)

5.

[Early experimental experience with a surgically created, totally autogenous venous valve: a preliminary report.](#)

Rosenbloom MS, Schuler JJ, Bishara RA, Ronan SG, Flanigan DP.

J Vasc Surg. 1988 May;7(5):642-6.

PMID: 3367428 [PubMed - indexed for MEDLINE]

[Related articles](#)

6.

[Crush syndrome due to limb compression.](#)

Kikta MJ, Meyer JP, Bishara RA, Goodson SF, Schuler JJ, Flanigan P.

Arch Surg. 1987 Sep;122(9):1078-81.

PMID: 3619624 [PubMed - indexed for MEDLINE]

[Related articles](#)

7.

[Can carotid duplex scanning supplant arteriography in patients with focal carotid territory symptoms?](#)

Goodson SF, Flanigan DP, Bishara RA, Schuler JJ, Kikta MJ, Meyer JP.

J Vasc Surg. 1987 Apr;5(4):551-7.

PMID: 3550159 [PubMed - indexed for MEDLINE]

[Related articles](#)

8.

[Mortality and limb loss with infected infrainguinal bypass grafts.](#)

Kikta MJ, Goodson SF, Bishara RA, Meyer JP, Schuler JJ, Flanigan DP.

J Vasc Surg. 1987 Apr;5(4):566-71.

PMID: 2951530 [PubMed - indexed for MEDLINE]

[Related articles](#)

9.

[Long-term follow-up of patients having infrainguinal bypass performed below stenotic but hemodynamically normal aortoiliac vessels.](#)

Kikta MJ, Flanigan DP, Bishara RA, Goodson SF, Schuler JJ, Meyer JP.

J Vasc Surg. 1987 Feb;5(2):319-28.

PMID: 3820404 [PubMed - indexed for MEDLINE]

[Related articles](#)

10.

[The necessity of mandatory exploration of penetrating zone II neck injuries.](#)

Bishara RA, Pasch AR, Douglas DD, Schuler JJ, Lim LT, Flanigan DP.

Surgery. 1986 Oct;100(4):655-60.

PMID: 3764690 [PubMed - indexed for MEDLINE]

[Related articles](#)

11.

[Improved results in the treatment of civilian vascular injuries associated with fractures and dislocations.](#)

Bishara RA, Pasch AR, Lim LT, Meyer JP, Schuler JJ, Hall RF Jr, Flanigan DP.

J Vasc Surg. 1986 May;3(5):707-11.

PMID: 3701937 [PubMed - indexed for MEDLINE]

[Related articles](#)

12.

[Deterioration of venous function in normal lower extremities during daily activity.](#)

Bishara RA, Sigel B, Rocco K, Socha E, Schuler JJ, Flanigan DP.

J Vasc Surg. 1986 May;3(5):700-6.

PMID: 3701936 [PubMed - indexed for MEDLINE]

[Related articles](#)

13.

[Results of venous reconstruction after civilian vascular trauma.](#)

Pasch AR, Bishara RA, Schuler JJ, Lim LT, Meyer JP, Merlotti G, Barrett JA, Flanigan DP.

Arch Surg. 1986 May;121(5):607-11.

PMID: 3518660 [PubMed - indexed for MEDLINE]

[Related articles](#)

14.

[Optimal limb salvage in penetrating civilian vascular trauma.](#)

Pasch AR, Bishara RA, Lim LT, Meyer JP, Schuler JJ, Flanigan DP.

J Vasc Surg. 1986 Feb;3(2):189-95.

PMID: 3944925 [PubMed - indexed for MEDLINE]

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